



BREAKFAST MENU

Healthy Start

Fresh Squeezed Orange Juice or Grapefruit Juice

Fresh Fruit with Yogurt

Fruit Plate – Seasonal melon, citrus fruit, & berries

Healthy Morning Parfait – Layers of fruit, plain yogurt & granola

Hot Oatmeal – with cinnamon apples, raisins & brown sugar

Breakfast Specialties

Country Breakfast

Two whole eggs cooked to order with your choice of ham, bacon or sausage links, hash browns & toast

Eggs Benedict

Grilled jumbo English muffin, Canadian bacon, poached eggs, hollandaise sauce & hash browns

Healthy Eggs Florentine

Grilled jumbo English muffin, sliced tomato, spinach, poached eggs, tarragon yogurt sauce & hash browns

Salmon or Chicken Crepes

Crepes stuffed with diced chicken breast, sun dried tomatoes, spinach, whipped eggs, topped with hollandaise sauce & served with hash browns & English muffin

– or –

Crepes stuffed with smoked salmon, scallions & whipped eggs topped with tarragon yogurt sauce & served with hash browns & English muffin

Smoked Scottish Salmon Plate

With toasted bagel and traditional condiments

Omelettes

Three whole eggs or egg whites, hash browns & toast. Choose three items: cheddar, bacon, mushroom, pine nuts, Monterey jack, onion, spinach, feta, tomato, roasted garlic, ham, bell pepper, caramelized red onions

Texas French Toast

Thick slices of cinnamon raisin bread served with whipped butter and maple syrup

Belgian Waffle

Served with whipped butter, maple syrup, and fresh strawberries

Buttermilk Pancakes

Our batter is made from scratch! Served with whipped butter and maple syrup

Gourmet Pancakes

Choose one of the following:
~ Oat Bran ~ Strawberry banana
~ Cinnamon apple & pecan ~ Blueberry granola
~ Raisin walnut ~ Carrot zucchini

Two Eggs with Toast

One Egg with Toast

Side Orders

Whole wheat, rye or country white toast

Toasted Bagel

Warm Blueberry or Bran Muffin

Assorted Cold Cereals (with strawberry or banana)

Ham, bacon, sausage links or Canadian bacon

Jumbo English Muffin (toasted or grilled)

Silver Dollar Pancakes

Beverages

Coffee, Tea, or Milk

Extended brewed coffee available upon request

Deluxe Hot Chocolate

Assorted Juices